

## Digital skills and support

## Information for Residents, Jobseekers and Furloughed Staff





Government have published this toolkit for people wishing to improve their digital skills. Contains links to digital and numeracy courses on offer



National campaign focusing on getting hardware and connectivity to vulnerable residents, to donate or sign up as an online centre visit campaign website



Skills for Tomorrow contains info to help people access GP services online, use the NHS website, video calling friends and family and accessing other public services



List of free online webinar training, focusing on topics such as building a CV and covering letter, build your personal online brand and writing for social media



Citizens Online Curated a list of resources to help residents stay in touch with family, friends and colleagues, including guidance on how best to support the elderly and vulnerable



All library services in South East have a wide range of online resources, available free of charge, when people join. See info for Essex, Kent and East Sussex



Created a repository of advice for individuals around managing their mental health through the pandemic and lockdown



<u>Information</u> about managing your finances, including advice around online scams, entitlements and mortgage payment holidays, plus access to advisors



National Careers Service continues to provide free, professional careers advice and guidance to individuals. Access their information and support here



Continue to provide support and information for young people, including online 'Get Into' programmes and wider employment support, plus new relief fund for YP



Developed by Good Things Foundation, Make it Click includes a growing library of digital skills content from trusted sources, including apply for a job and using email



Launched to counter the increase in social isolation and loneliness, Hastings Digital Museum is publishing daily programme of posts and activities



Government site to search for full or part-time jobs across England, Scotland and Wales



And information from Government about a range of benefits such as Universal Credit, housing and support for Carers



Support into employment for those aged 16+, providing bespoke support and **Employment** & vocational training to get back to work, includes redundancy support



Heads Up provides support to residents with common mental health issues to help them get back into work in Essex



GoodSAM (At time of writing www.goodsamapp.org/NHS was temporarily suspended to process existing applications)